How to make Pride Bracelets

**Materials:**

1 pack of Lion Brand Bonbons (I used the Brights colorway, but Crayons and Beach would work well too!)

Scissors

Safety pin or tape

Super glue

**Instructions:**

1. Cut a 72”/183cm length of each color. Fold all strands in half and tie a knot near the top, leaving a loop for the closure. Secure to a table with tape, or to the fabric of a pillow or your jeans with a safety pin.
2. Separate the threads into two groups, with one of each color on either side. For the bracelet pictured, I arranged my threads in rainbow order from the outside in.

3. Starting with the left most thread (the “working thread”) of the group on the left, begin working a forward knot. To do so, make a “4” shape with the working thread so that it goes OVER the thread to the right.

4. Then bring the working thread UNDER the thread to the right and up through the loop created in the “4” shape. Pull on the working thread to secure the knot up to the top of the work near the loop closure. Repeat steps 3 and 4 to make a second knot in the same place (each forward knot is really made of two knots).
5. Moving on to the next thread in order, begin a second forward knot with the working thread, again making the “4” shape with the working thread going OVER the other thread.

6. Just as in step 4, bring the working thread UNDER the other, then up through the loop created with the “4” shape. Repeat the knot to finish the forward knot on this thread.

7. Repeat these steps, working a forward knot with the working thread on each thread in the left group. Try to work each forward knot slightly diagonally down to the right to begin forming the chevron design. It will be a bit finicky at first, but after a couple rows the shape will be established and it will be much easier.
8. Now you will create the other half of the chevron. The right most thread will be the working thread now, and you will work a **backward knot** on the thread next to it. To do so, make a backward “4” shape with the working thread going OVER the other thread.

9. Then bring the working thread UNDER the other thread and up through the loop created with the backward “4” shape. Pull to secure the knot at the top of the work, then repeat the knot a second time to complete the **backward knot** (again, this knot is actually made up of two knots).

10. Move on to the next thread in line, and again create a **backward knot** beginning with the “4” shape.
11. Again, bring the working thread UNDER the other and up through the loop

12. Continue, working a **backward knot** onto each thread in the group until the working threads meet in the middle. Again, try to angle the knots diagonally downward to establish the chevron design.

13. Work a final **backward knot** using the right thread as the working thread.
14. The first row is now complete, and the chevron shape has been established.

15. Begin working the second row. Now the left most thread will become the working thread. Work a **forward knot** onto the thread next to it.

16. Continue on, working a **forward knot** onto each thread of the left group.
17. Now begin the right half of the second row, working a **backward knot** with the right most thread as the working thread.

18. Work a **backward knot** onto each thread in the right group until the two working threads meet in the middle.

17. Complete the second row by working a final **backward knot** with the right thread as the working thread.
18. Continue as established, working rows starting with the outermost threads until you reach the desired length (mine measured 5”/13cm).

Credit and website can be found here: https://www.twoofwands.com/blog/pride-bracelets-2019